#### INFORNAV Société par Actions Simplifiée / SIREN 828986042

INFORNAV - 6 rue Roy Rochet - 17000 - La Rochelle

Mob: 07 61 45 94 17 - Email: infornav@gmail.com - Website: www.infornav.fr

# Coastal Pleasure Boating Safety (SNPC) NIV1

Embark with a professional skipper trained in fire safety, survival, and medical emergencies in merchant marine to address the major challenges of onboard safety.

### **Objective:**

At the end of this training, you will be able to better handle emergency and distress situations that may occur during navigation and have the reflexive actions required in case of accidents onboard.

**Duration of training: 2 days** 

Number of trainees: Maximum of 6 trainees

Training cost: €450

#### Day 1 Program:

- Safety briefing

- Maintenance and upkeep of safety equipment
- Man overboard: Training with mannequins using various recovery methods

## Day 2 Program:

- Weather forecasting: Using tools dedicated to decision-making
- Rough seas: Safety instructions, boat stability, skipper's role
- Fire onboard: Use of fixed and portable fire extinguishers compliant with recreational boating Division 240 standards
- Man overboard in a real situation: You will experience being in the position of a man overboard, wearing survival gear during all maneuver phases.
- Liferaft: Training in aquatic environments, aquatic obstacle courses, rescue and detection methods after liferaft deployment (capsizing, boarding, life onboard).
  Nighttime training available upon request.
- Lifejacket inflation and use
- Triggering emergency services: Alert messages to be sent to the CCMM in coordination with CROSS, depending on the situation.